

Media Report 18 AUGUST 2023

This weeks media reports will cover and answer great questions veterans are still asking and local Media Articles and An illness or injury can have an impact on your ability to adjust to life after service. We all need healthcare services. The Treatment benefits program provides coverage for a variety of benefits and services to help you get—and stay hea

Exceptional Incapacity Allowance

Quick links

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Some disabilities have a major financial impact on your life. The Exceptional Incapacity Allowance recognizes this extra cost with a tax-free monthly payment.

About this program

The Exceptional Incapacity Allowance is a tax-free monthly payment that recognizes that your serious illness or injury has a significant effect on your quality of life.

Veterans who receive this allowance usually experience one or more of the following to an exceptional degree or scope:

- dependence,
- continuing pain and discomfort,
- loss of enjoyment of life,
- shortened lifespan.

The amount of your allowance will be based on a grade that reflects the nature of your disability.

Do you qualify?

You should apply for the Exceptional Incapacity Allowance if you:

- have a disability pension of 98 percent or more; or
- have a combination of a disability pension and award that totals 98 percent or more; or
- have a combination of a disability pension and Prisoner of War Compensation that totals 98 percent or more; and
- have an exceptional incapacity that is related to the condition or conditions for which you receive a disability benefit.

How to apply

Apply online

If you are registered for My VAC Account, you can submit your application for this benefit online. If you aren't registered, you can [register now](#).

Mail or in person

Download the application form. Then, drop it off at a [VAC office](#). You can also mail your completed application directly to the address listed on the form.

Get help with your application

The staff at any [VAC office](#) can assist you, or call us at **1-866-522-2122**.

Additional information

Find out more

If you know your grade, the [Exceptional Incapacity Allowance table](#) shows the allowance amount by grade.

For more details about grades see the [Table of Disabilities](#).

Related programs

[Disability benefits](#): Compensation to recognize that your injury or illness is a result of your military service.

[Clothing Allowance](#): A monthly benefit when your disability causes wear and tear on your clothing or the need for custom-made clothing.

[Attendance Allowance](#): Monthly payments if your health needs require personal care support.

Disability tax credit (DTC)

The DTC helps reduce the income tax that people with physical or mental impairments, or their supporting family members, may have to pay. It aims to offset some of the costs related to the impairment. Learn more about this non-refundable tax credit available through the [Canada Revenue Agency](#).

Frequently asked questions

If I apply for the benefit and get declined, can I appeal?

Yes. If you are not satisfied with a decision you may apply in writing for a review. Learn more about your [review and appeal options](#).

Will the allowance be payable to surviving spouses and children?

Yes. If the Veteran was receiving the allowance at the time of their death, eligible survivors can receive the allowance for a period of one year.

Are there policies for this program?

Yes. Read more about the [Exceptional Incapacity Allowance poli](#)

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IN THE MEDIA

[Canadians reassured to see military helping during local emergencies, Blair says](#)

CTV News

Defence Minister Bill Blair says Canadians want to see the military come to their aid during natural disasters, and the Armed Forces will remain a key part of the government's response. "There is just something, I think, incredibly reassuring to Canadians when the Canadian Armed Forces show up and men and women in uniform are out in their communities and they're sandbagging and helping people evacuate and get to safety," he said in a recent interview. [Read More](#)

[Owen Sound local supporting B.C. Wildfire Service as member of the Canadian Armed Forces](#)

Owen Sound Sun Times

Warrant Officer Reid Bellamy, a graduate of St. Mary's High School in Owen Sound, is serving in Kamloops as part of Operation LENTUS in support of the B.C. Wildfire Service. LENTUS is the Canadian Armed Forces (CAF) response to natural disasters in Canada. [Read More](#)

[Canada's military will start phasing out old housing benefit](#)

Global News

The Canadian Armed Forces has created a new program to gradually phase out its old housing benefit after hearing feedback from military members who were set to lose the payments. The military announced plans in March to create a new housing allowance called the Canadian Force Housing Differential, which came into effect on July 1. [Read More](#)

[Guerre en Ukraine: un pompier de Saint-Jacques-le-Mineur raconte son expérience au front](#)

Coup d'œil

Récit. Denis Perrier, qui est pompier à Saint-Jacques-le-Mineur depuis 2014, mais aussi militaire et policier de métier, a répondu à l'appel du président ukrainien, Volodymyr Zelensky, en allant combattre au front lors d'une mission de six mois, en 2022. Il a accepté de nous partager son expérience. [Lire Plus](#)

[You could help the military search for Quebec soldiers who went missing during the Korean War](#)

CBC News

The Canadian Armed Forces are searching for the relatives of Canadian soldiers — three of them from Quebec — believed to have been killed during the Korean War but whose bodies were never recovered. There are more than 27,000 Canadian war dead whose remains have never been identified. Most of them served in the First and Second World Wars. [Read More](#)

[Use or lose your regimental associations, younger veterans warned](#)

Forces | Net

The Garrison Sergeant Major of London District has warned younger veterans to use their regimental associations or run the risk of losing them altogether. Warrant Officer Class 1 Andrew "Vern" Stokes, who earlier this year oversaw the delivery of the King's coronation, made the plea as some veterans told *Forces News* regimental associations were too formal, and that sometimes the older veteran community could be difficult to engage with. [Read More](#)

[What the coup in Niger could mean for Canada](#)

CBC News

The unpredictable military coup that threw Niger into turmoil is forcing Western nations, including Canada, to reconsider whether the money they've invested in the West African nation is being put to good use. Global Affairs Canada said in a statement the coup is a serious threat to democracy and stability in the region. It also puts Canadian military assistance into question, some experts say. [Read More](#)

[Des centaines de bunkers au pays](#)

Le Journal de Québec

La menace nucléaire est si réelle qu'Ottawa dépoussière ses mesures d'urgence pour informer le public et assurer le fonctionnement du gouvernement fédéral en cas d'attaque. De quoi rappeler les années 50 quand on craignait qu'une bombe anéantisse la capitale fédérale au point que des centaines de bunkers ont été construits au pays et continuent d'exister aujourd'hui, y compris au Québec. [Lire Plus](#)

[20 years of 23 in 2023: Who are 23 Parachute Engineer Regiment?](#)

Forces | Net

The British Army's only Airborne Engineer Regiment, 23 Parachute Engineer Regiment, this year marks 20 years since its formation in 2003. The regiment provides military engineering support to 16 Air Assault Brigade, ensuring in the process that the British Army's Global Response Force is possible. [Read More](#)

[Ukraine has combat kayaks now](#)

Task & Purpose

The war in Ukraine has seen Kyiv field all kinds of unconventional and makeshift weapons, from crowdsourced maritime drones to anti-UAV rigs made up of World War I-era Maxim machine guns. Now Ukraine has combat kayaks. Yes, combat kayaks. [Read More](#)

ase/Wing — Newspaper

14 Wing Greenwood — [The Aurora](#)

22 Wing North Bay — [The Shield](#)

4 Wing Cold Lake — [The Courier](#)
CFB Esquimalt — [The Lookout](#)

17 Wing Winnipeg — [The Voxair](#)

CFB Halifax — [The Trident](#)

CFB Edmonton — [The Western Sentinel](#)

CFB Valcartier — [The Adsum](#)

CFSU Ottawa — [The Guard](#)
CFB Shilo — [The Shilo Stag](#)
19 Wing Comox — [The Totem Times](#)
8 Wing Trenton — [The Contact](#)
CFB Petawawa — [The Petawawa Post](#)

CFB Kingston — [Garrison News](#)
CFB St Jean — [The Servir](#)
3 Wing Bagotville — [The Vortex](#)
CFB Borden — [The Citizen](#)
Base Gaagetown — [Gaagetown Gazette](#)