

Media Report 14 June 2019

Caregiver Zone Program

Since its release in March 2018, Veterans Affairs Canada has been working in partnership with Saint Elizabeth's Health Care to develop the Caregiver Zone. An online resource that provides videos and other resources, on a wide range of topics, it is aimed specifically to family members caring for ill or injured Veterans. Along with access to a coach and resourceful Health Care Professionals, a forum is also available for caregivers to share their stories and experiences. It is available for mobile, PC, and tablet to caregivers of Veterans across Canada.

Caregiver Zone is free and available in both official languages.

Access to the Caregiver Zone can be found on the Veterans Affairs Canada website from the link below.

[Caregiver Zone](#)

[https://webmail.bell.net/appsuite/api/mail/CaregiverZoneFactsheet-e.pdf?
action=attachment&folder=default0%2FINBOX&id=106925&attachment=2&delivery=view](https://webmail.bell.net/appsuite/api/mail/CaregiverZoneFactsheet-e.pdf?action=attachment&folder=default0%2FINBOX&id=106925&attachment=2&delivery=view)
[https://webmail.bell.net/appsuite/api/mail/CaregiverZoneFactsheet-f.pdf?
action=attachment&folder=default0%2FINBOX&id=106925&attachment=3&delivery=view](https://webmail.bell.net/appsuite/api/mail/CaregiverZoneFactsheet-f.pdf?action=attachment&folder=default0%2FINBOX&id=106925&attachment=3&delivery=view)

A speech that MP Arya made in the House of Commons, where he mentioned a few outstanding Nepean community members

Hi Ted!

Hope you're having a great day. I wanted to share with you a speech that MP Arya made in the House of Commons, where he mentioned a few outstanding Nepean community members, you being one of them!

We thank you for all you do for the veterans in your community, and hope you are an inspiration to others to help their communities out in any way they can!

You can watch the video here: <https://www.facebook.com/ChandraNepean/videos/456345418433706/>

Kind regards,

Office of Chandra Arya, Member of Parliament / Député - Nepean

Royal Canadian Legion shocked by government delay on homeless veteran motion

<https://www.legion.ca/news/articles/2019/06/13/royal-canadian-legion-shocked-by-government-delay-on-homeless-veteran-motion>

Health-related travel expenses

Sometimes you need to travel for healthcare. If you have a VAC Health Identification card you may qualify to have some or all your costs recovered.

About this program

Travel expenses incurred by the Veteran when travelling to receive healthcare services or benefits may be reimbursed by VAC. Health-related travel costs include items such as transportation, parking, meals, lodging, out of province travel and, when required, an escort, meaning someone to accompany you if you are travelling to receive treatment.

In some of these cases, there is a maximum which can be claimed.

Do you qualify?

We may reimburse health related travel costs to eligible Veterans who received treatment benefits authorized by us.

You must submit a health related travel claim within eighteen (18) months of your medical appointment. If you are enrolled in a VAC rehabilitation program you must submit a health related travel claim within twelve (12) months of your medical appointment.

For help please visit [Health-related Travel Guide](#).

How to apply

Claim online

If you are registered for My VAC Account, you can submit your claim online. My VAC Account offers a guided web form that makes reimbursement easier. If you aren't registered, you can [register now](#).

Mail or in person

Download the health-related travel reimbursement form.

- [Health-related travel claim – Veteran](#)
- [Health-related travel claim – escort](#)

For help please visit [Health-related Travel Guide](#).

Then, drop it off at a [VAC Area Office](#). You can also mail your completed form directly to the address listed on the form.

Get help

The staff at any [VAC office](#) can assist you, or call us at 1-866-522-2122.

Additional information

Find out more

Receipts

Veterans do not need to submit receipts with their travel claims unless VAC asks for them. Veterans must still obtain receipts and appointment verifications and retain these original receipts for one year following the claim submission in case they are requested for review.

For meals - The amount paid cannot exceed the meal allowances set out by the National Joint Council's [Appendix C](#).

Travel

Travel is defined as transportation, within Canada, by the most convenient and economical means appropriate to the condition of the Veteran between their residence and the appropriate treatment centre nearest to their residence.

For travel in your own private vehicle - VAC can reimburse kilometers at a rate that is two (2) cents more than the kilometric rate set out in the National Joint Council's [Appendix B](#).

For pre-approved overnight travel - Standard commercial accommodations can be paid at a rate no higher than the maximum rate permitted for federal public servants as outlined in the current [Hotel Directory for Government Employees](#) or private accommodations can be paid at a the rate outlined in the National Joint Council's [Appendix C](#).

Related programs

[Coverage for services, prescription and devices](#): Financial support to qualified Veterans for healthcare services, and some travel expenses.

Frequently asked questions

Are there policies for this program?

Yes. Read more about the [Health-related Travel Policy](#).

"New Veterans Charter and Report"

Vets watchdog troubled by 'lack of trust' in his office, asks for mandate review

<https://www.cbc.ca/news/politics/veterans-ombudsman-independence-1.5172570>

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