

Long-term care

Do you require 24-hour personal and nursing care on a short-term or long-term basis? VAC can provide financial support to qualifying Veterans for the cost of this care.

About this program

All health systems in Canada provide some level of long-term care support in provincially licensed or regulated facilities.

Financial support from Veterans Affairs Canada may be available when you have been admitted to 24-hour care in a community bed (available to any provincial resident) or contract bed (only available to Second World War or Korean War Veterans).

The assessment process and admission to long-term care facilities is managed by your provincial, regional, or local health authority. Please contact the agency responsible for long-term care in your province or territory:

- [Alberta](#)
- [British Columbia](#)
- [Manitoba](#)
- [New Brunswick](#)
- [Newfoundland and Labrador](#)
- [Northwest Territories](#)
- [Nova Scotia](#)
- [Nunavut](#)
- [Ontario](#)
- [Prince Edward Island](#)
- [Quebec](#)
- [Saskatchewan](#)
- [Yukon](#)

Do you qualify?

If you have been admitted to a long-term care facility, you may qualify for and should apply for financial assistance if you served in the Canadian Armed Forces and have:

- a low income,
- a service-related disability, or
- a health need for long-term care.

How to apply

Before you apply

Before you apply for financial assistance from Veterans Affairs Canada, you must first be admitted to a long-term care facility.

Apply online

If you are registered for My VAC Account, you can submit your application for this benefit online. If you aren't registered, you can [register now](#).

Mail or in person

Download the [application package](#) (VAC1503APe). Then, drop it off at a [VAC office](#). You can also mail your completed form directly to the address listed on the form.

Get help with your application

The staff at any [VAC office](#) can assist you, or call us at 1-866-522-2122.

Note for legal representatives: Include a copy of the document that shows you to be the legal representative (e.g. Power of Attorney). If you have previously provided this, you do not need to send it again.

Additional information

Related programs

[Treatment Benefits](#) - Coverage for medical and health related services.

[Veterans Independence Program](#) - Payments for home and health care services that you need to remain independent at home.

[War Veterans Allowance](#) - Monthly payments if you have a low household income.

Frequently asked questions

What is the maximum a Veteran must pay toward their long-term care accommodation costs?

Effective October 1, 2018, the maximum accommodation and meals monthly amount paid by a Veteran is \$1,039.48. Any supplementary charges such as the costs of semi-private or private rooms are not part of this calculation.

Do some Veterans pay less than the maximum amount?

Veterans who are admitted to care as a direct result of a condition for which they are in receipt of a disability benefit are not required to pay toward their long-term

care. Also, Veterans may have a reduced contribution if they are married or have a lower income.

Where can I find the policies for this program?

Read the [policies related to the long-term care program](#).

CEO's Video Spring 2019 Update from the Perley and Rideau Veterans' Health Centre, CEO A Hoffer

<http://www.perleyrideau.ca/> and <https://www.perleyrideau.ca/future-of-caring>

Rehabilitation Services

services can improve your health and help you adjust to life at home, in your community or at work. Depending on your circumstances and needs, it may include treatment and therapies to overcome or cope with a service-related illness or injury.

About this program

Rehabilitation services can improve your health and help you adjust to life at home, in your community or at work.

Your rehabilitation needs will be assessed and then your individualized rehabilitation plan will be developed. Your rehabilitation plan is the roadmap to your recovery. The plan can include treatments and therapies from:

- Medical rehabilitation – services to improve your health to the fullest extent, or
- Psychosocial rehabilitation – health services to help you regain your independence.

When you are ready, your rehab plan can also include vocational rehabilitation. This part of your plan will identify the training or skills development you need to start a new career.

If your health does not allow you to take part in vocational rehabilitation, this part of your rehab plan can be transferred to your spouse as vocational assistance.

Do you qualify?

You should apply for rehabilitation services if you:

- Served in the Canadian Armed Forces, and
- Have a barrier to re-establishment which is a health issue (temporary or permanent) related to your service that prevents your full participation at work or home or in the community

How to apply

Apply online

If you are registered for My VAC Account, you can submit your application for this benefit online. My VAC Account offers a guided web form that makes applying easier. If you aren't registered, you can [register now](#).

Mail or in person

Download the application form. Then, drop it off at a [VAC office or CAF transition centre](#). You can also mail your completed application directly to the address listed on the form.

Get help with your application

The staff at any [VAC office or CAF transition centre](#) can assist you, or call us at 1-866-522-2122.

Building a rehabilitation plan

We can usually make a decision about rehabilitation program eligibility within a few weeks of receiving your application. If approved, you will receive the one-on-one support of a VAC case manager.

Your case manager will work with you (and your family) to identify your goals. Together you will build your rehabilitation plan.

To ensure your success, the plan will identify:

- Your goals
- The services and benefits you will need to reach those goals
- Local service providers to help get you there
- A timeframe to complete it all

You are the most important part of any successful rehab plan. As you work through your plan, it is important to keep in touch about your services or any challenges you face. Give feedback to your case manager, the health professional, or anyone who is working with you.

From start to finish, your VAC case manager will:

- Work closely with you and your family
- Respect your privacy and confidentiality
- Help identify information and services you need
- Help you develop support networks
- Coordinate between you, your health professionals, and other service providers
- Track and discuss your progress on a regular basis

Additional information

Find out more

Are you medically-releasing from the Canadian Armed Forces soon?

If so, you can apply for rehabilitation services before you leave service. If approved, the start date of your rehabilitation plan, and your [Income Replacement Benefit](#), can be the day after you release.

Related programs

[Vocational rehabilitation](#) - Coaching, support and any other training you need to return to work or find a new job after an injury.

[Vocational assistance](#) - Coaching, support and any other training you need to return to work or find a new job after an injury.

[Income Replacement Benefit](#) – A monthly payment to maintain your income while you are taking part in the VAC rehabilitation program.

[Case management](#) – A case manager can help you set goals and find the services you need to overcome a challenge in your life.

Frequently asked questions

How can I pay my bills while taking part in the rehab program?

Every participant in rehabilitation services qualifies for the [Income Replacement Benefit](#). This income support ensures your total income will be at least 90% of your gross pre-release military salary. This is available so you can focus on what matters most – your health and career goals.

I didn't medically release from service, but I am having difficulty coping with life after service, do I qualify?

VAC's rehabilitation services assist any Veteran who is experiencing a physical or mental health issue, related to their service, which is creating a barrier to their re-establishment to civilian life. It does not matter if that barrier is considered permanent or temporary. When you are completing the application form, be sure to detail how your health has negatively impacted your life at home, at work or in the community.

I already applied for a disability benefit and provided this information on all of my health issues, do I have to do that all over again to apply for Rehabilitation.

No. If you have already applied for a VAC disability benefit for any of the health conditions that are creating a barrier to your re-establishment in civilian life, just check the box on the rehabilitation form that says "see recent disability award application on file".

We all adjust differently to major life changes. For you and your family, the transition to post-service life means big changes, and sometimes challenges. It is a unique experience.

<https://www.veterans.gc.ca/eng/art-hub/your-new-mission>

Are there policies for this program?

Yes. Read more about the policies related to [rehabilitation services and vocational assistance program](#).

Dear Stakeholders and Advisory Group members,

The Honourable Harjit S. Sajjan, Minister of National Defence, and the Honourable Lawrence MacAulay, Minister of Veterans Affairs and Associate Minister of National Defence, issued the following statement marking Mental Health Week.

We encourage you to pass it along to anyone who may be interested.

Minister Sajjan and Minister MacAulay mark Mental Health Week

<https://www.canada.ca/en/department-national-defence/news/2019/05/minister-sajjan-and-minister-macaulay-mark-mental-health-week.html>

Sincerely,

Stakeholder Engagement and Outreach Team

Veterans Affairs Canada

vac.engagement.acc@canada.ca

Cher(e)s Intervenant(e)s et membres des groupes consultatif,

L'honorable Harjit S. Sajjan, ministre de la Défense nationale, et Lawrence MacAulay, ministre des Anciens Combattants et ministre associé de la Défense nationale, ont publié la déclaration suivante soulignant la Semaine de la santé mentale.

Nous vous encourageons à la transmettre à tous ceux qui pourraient être intéressés.

Les ministres Sajjan et MacAulay soulignent la Semaine de la santé mentale

<https://www.canada.ca/fr/ministere-defense-nationale/nouvelles/2019/05/les-ministres-sajjan-et-macaulay-soulignent-la-semaine-de-la-sante-mentale.html>

Cordialement,

L'équipe de mobilisation et de sensibilisation des intervenants

Anciens Combattants Canada

vac.engagement.acc@canada.ca

Shedding the weight: Project aims to lighten the load with updated soldier clothing and equipment

https://canadianarmytoday.com/shedding-the-weight-project-aims-to-lighten-the-load-with-updated-soldier-clothing-and-equipment/?fbclid=IwAR3IIcaIybbpLiTaUBiYW8KQMHhq7sOaI857c9cocdcK_2sVqS1JgVtq8DA

Extreme. Deliberate. Austere: SILVER FLAG

DVIDS

The American warfighter works tirelessly to maintain an adaptive and flexible posture before, during, and after an attack from an enemy force. In order to sustain operational infrastructure, mobility, and overall health of our force, Airmen of the 158th Fighter Wing train with collaborating units to anticipate and surpass trends of enemy tactics on the modern battlefield. To best prepare for attacks from enemy forces, Airmen of the 158th Fighter Wing's Fire Department and Civil Engineering Squadron deployed to Ramstein Air Force Base, Germany, for a 10-day exercise known as Silver Flag. For the Civil Engineer (CE) troops, Silver Flag is required training every four years to maintain currency of practices and certifications. [READ MORE](#)

Inondations: le rôle crucial des réservistes

La Presse

Le Canada est de plus en plus frappé par les désastres naturels, que ce soient des inondations, des incendies de forêt ou de violentes tempêtes. Si l'armée est davantage sollicitée sur son propre sol, les réservistes ne sont pas en reste : dans la région de Montréal, au cours des dernières semaines, ils formaient la majorité des effectifs militaires déployés. [LIRE PLUS](#)

Fort Hood: Army tests new explosive-detecting devices

KWTX 10

While celebrating 50 years of operational testing, the Army is beefing up with non-stop rounds of equipment screening. The plan is to give soldiers the best, most modern tools on the battlefield, and the latest upgrades have been a year in the making. For years, improvised explosive devices have claimed the lives of hundreds of soldiers and injured thousands more. [READ MORE](#)

Embassy: Russia explained purpose of military engineers presence in Venezuela to UK

Urdu Point

Russia has explained the aims its military engineers have in Venezuela and has clarified lawful reasons for sending them there to the United Kingdom, the Russian embassy in London said recently. [READ MORE](#)

Heat signatures help track down old and still deadly land mines

Science News for Students

Even when a war is over, the killing can continue. Land mines left behind in former conflict zones can still claim casualties. Now, researchers have developed a technique that can help spot one type of plastic-based mine. It's a type that is very hard to spot. One day, this new technique might be used to locate and eliminate those explosives — especially in fields where children now play. [READ MORE](#)

L'équipe de commandement de l'Armée canadienne conclut sa visite auprès de soldats déployés outremer

45e Nord

Le lieutenant-général Jean-Marc Lanthier, commandant de l'Armée canadienne, et l'adjudant-chef Stu Hartnell, sergent-major de l'Armée canadienne, ont conclu leur visite auprès des soldats déployés dans le cadre de l'opération PRESENCE au Mali et de l'opération REASSURANCE en Lettonie. [LIRE PLUS](#)

8th CES repairs Kunsan AB's runway in record time

U.S. Air Force

Members of the 8th Civil Engineer Squadron, also known as the Legendary Red Devils, rapidly repaired a rupture on Kunsan Air Base's active runway in record time, May 1-2. At approximately 9:00 a.m. on May 1, a rupture was discovered on Kunsan AB's runway and Col. John Bosone, 8th Fighter Wing commander, immediately suspended all military and civilian flying operations to ensure the safety and security of people and assets. He also directed an investigation into the cause of the rupture. [READ MORE](#)

Locally developed amphibious crossing system to be exported to South Korea

Daily Sabah Defense

The Turkish defense industry will add a new product to its export products. The Samur Rapid Deployable Amphibious Wet Gap Crossing System, which successfully serves the Turkish Armed Forces (TSK), counts the days to a major export success. Samur, which enables TSK elements to cross rivers and streams and resembles a "transformer," is successfully working as the first original design and development project of the Turkish defense industry. [READ MORE](#)