

Media Report 04 AUGUST 2023

This weeks media reports will cover and answer great questions veterans are still asking and local Media Articles and An illness or injury can have an impact on your ability to adjust to life after service. We all need healthcare services. The Treatment benefits program provides coverage for a variety of benefits and services to help you get—and stay healthy

[Cyprus 2024 Commémoration Chypre 2024](#)

All Cyprus Veterans and families welcome!

Tous les vétérans de Chypre et familles sont bienvenus! [Read More](#)

N.A.T.O. Veterans Of Canada, Durham #7

NATO Veterans of Canada Unit 7 (Durham Ontario) recently had the incredible experience of going on a short road trip together. Our journey began in Oshawa at 420 Wing Royal Canadian Air Force Association, where we gathered before heading off to explore CFB Trenton and the surrounding area.

Our first stop was the Control Tower at CFB Trenton, where we had the opportunity to see the base from a different perspective. It was fascinating to see the inner workings of the tower and get a sense of what life is like for those who work there. Seeing the IFR, VFR, and simulator was fascinating given the level of professionalism and technology demonstrated.

As we continued to visit the base, we had a chance to take a tour of the CC-177 Globemaster III strategic airlifter (generally known as the C-17 Globemaster). What an enormous and functional airframe. We very much appreciated having the opportunity to meet and discuss its capabilities with a friendly Master Corporal from the maintenance team. What an unforgettable experience.

We found a great sub shop just outside of base and enjoyed a great meal together. Next, we made our way to the Afghan War Memorial, which was a somber but meaningful experience. As veterans, we all know the sacrifices that are made in service to our country, and it was humbling to see the names of those who gave their lives in the conflict in Afghanistan. We took a moment to pay our respects and reflect on the importance of their sacrifice.

Our final stop was the National Air Force Museum of Canada, which houses a collection of vintage aircraft from throughout history. It was incredible to see these planes up close and learn about their history and significance.

Throughout the trip, we had plenty of time to chat and catch up on old times. It was amazing to see how much everyone had grown and changed since our time in the military. We shared stories, laughed, and reminisced about our time in service. One of the highlights of the trip was the sense of camaraderie and companionship that we all felt. Despite the time that had passed, we were all still connected by our shared experiences and commitment to serving our country. It was a reminder of the bonds that are formed in the military and the importance of staying connected with those who have served alongside us. As we made our way back to Oshawa, we all felt a sense of gratitude for

the experience we had shared together. It was a reminder of the importance of taking time to connect with others who have served in the military and to continue to support each other after our time in uniform has ended.

In conclusion, our short road trip was an incredible experience that provided us with the opportunity to reconnect with old friends, make new ones, and reflect on the sacrifices made by Canadian soldiers. It was a reminder of the bonds that are formed in service and the importance of staying connected with those who have served alongside us. We would highly recommend a similar trip to anyone looking to connect with others who have served in the military. It is a powerful reminder of the camaraderie, companionship, and reconnection that can be experienced when veterans come together.

Disability benefits

Quick links

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Do you have an illness or injury from your service? Disability Benefits are financial recognition for the impact this service-related injury or disease can have on your life.

About this program

A disability benefit is a tax-free, financial payment to support your well-being.

The amount you receive depends on the degree to which your condition is related to your service (entitlement) and the severity of your condition, including its impact on your quality of life (assessment).

Do you qualify?

To qualify for a **disability benefit** you must be one of the following:

- Canadian Armed Forces member or Veteran,
- a current or former member of the Royal Canadian Mounted Police (RCMP),
- Second World War or Korean War Veteran (includes Merchant Navy), or
- certain civilians who served in the Second World War.

You should apply for a disability benefit if you:

1. have a diagnosed medical condition or disability; and
2. are able to show that the condition is related to your service.

If you qualify for a disability benefit, you will receive either a:

1. **Pain and suffering compensation** – a life-time monthly benefit or lump sum benefit – the choice is yours.
 - View the [pain and suffering compensation rates](#).
 - [View all](#) Pain and Suffering Compensation FAQs.
2. **Disability pension** * - a life-time monthly benefit. If you have any dependents (e.g. spouse, common-law partner and/or children), your monthly amount will be increased. View the [disability pension rates](#).

* A disability pension is provided if you served with the Canadian Armed Forces (CAF) in the Second World War or Korean War. For other CAF service, a disability pension is provided in relation to any application prior to April 1, 2006.

How to apply

Apply online

Apply online through My VAC Account. Applying is easier with a guided form. Sign in or register for My VAC Account

Mail or in person

Download the application form. Then, drop it off at any [VAC office](#), [CAF Transition Centre](#) or [Service Canada office](#). You can also mail your completed form directly to the address listed on the form.

[Go to form](#)

Get help with your application

The staff at any [VAC office](#), [CAF Transition Centre](#) or [Service Canada office](#) can assist you or call us at 1-866-522-2122. Service Officers with [The Royal Canadian Legion](#) or [The War Amps of Canada](#) can also assist you with your application, including helping you get all of the information you need to support your application. Their assistance is free of charge.

Disability pension corrective payment

If you received a benefit from VAC between 2003 and 2010 and it was under the Pension Act, you may receive a corrective payment because of a discrepancy in our calculations. **Most payments are automatic**, however, Please [contact us](#) at 1-866-522-2122 if:

- You no longer receive a benefit from VAC, or
- You represent the estate of a deceased recipient.

If you are legally entitled to inherit assets from the estate of a deceased recipient, you may [apply to receive a corrective payment](#) if you are eligible.

Additional information

The application package – learn more about all of the components that make up an application for a disability benefit.

How we review a claim for a disability benefit – learn more about how your disability claim is reviewed by the department and particularly, by the adjudicator – a trained decision-maker for disability claims.

Disability Pension Corrective Payment - If you are legally entitled to inherit the assets of a deceased benefit recipient, you may apply to receive the corrective payment.

Monthly payment dates - 2023

- January 30
- February 27
- March 30
- April 27
- May 30
- June 29
- July 28
- August 30
- September 28
- October 30
- November 29
- December 21

Reviews and appeals

If you do not agree with the decision made regarding your application for disability benefits, you may request a Departmental review. Learn more about [reviews and appeals](#).

Reassessment

If the disability for which you are receiving VAC benefits worsens and medical evidence can show this change in your condition, you can request a reassessment. If the reassessment confirms that your condition has worsened, your disability benefit, will be adjusted accordingly – unless you are already receiving the maximum amount of the benefit. To request a reassessment, your first step should be to call us or visit your local VAC office.

Tools for Adjudication

Eligibility Entitlement Guidelines – These guidelines are current medical and scientific descriptions of known injuries and diseases related to service.

Table of Disabilities – This table helps the adjudicator assess the level of impairment and the impact that impairment has on your quality of life.

Related programs

Critical injury benefit - A one-time payment that recognizes the immediate impact of the most severe and traumatic service-related injuries or diseases.

Rehabilitation services - Services to improve your health and adjust to life after service.

Clothing allowance - Monthly payments if you need new or special clothing due to your health issues.

Treatment Benefits – Coverage for medical and health related services.

Benefits for survivors – Financial support or compensation for the survivors of a disability pensioner or of a member or Veteran who died in service or as a result of a service-related illness or injury.

Financial advice - If you receive a lump-sum payment more than 5% of the current maximum, we can pay up to \$500 for professional advice to help you manage your money effectively.

Additional pain and suffering compensation - Monthly payments in recognition of any severe and permanent disability, related to your military service, which creates a barrier to life after service.

Programs related to a disability pension:

Attendance allowance - Monthly payments for a disability pensioner whose health needs require daily personal care support.

Exceptional incapacity allowance - Monthly payments if your illness or injury impacts your quality of life.

Frequently asked questions

If I apply for the benefit and get declined, can I appeal?

Yes. If you are not satisfied with a decision you may apply in writing for a review. Learn more about [your review and appeal options](#).

How is my request for Disability Benefits decided?

Learn more about [how we review a disability benefit claim](#).

Are there policies for this program?

Yes. Read more about the [Disability Benefits](#) policies.

[Read more FAQs](#) about the disability benefits program.



IN THE MEDIA

[We take pride in what we accomplished': Canadian veterans remember the Korean War](#)

City News

Bill Black still gets letters and cards thanking him and other Canadian veterans for their service in the Korean War. Quite a few of those notes from South Koreans have arrived lately at the Korea Veterans Association, where Black is president of an Ottawa chapter, as the 70th anniversary of the armistice in that conflict approaches. More than 26,000 Canadian Armed Forces were deployed to assist South Korea after it was invaded by North Korea in 1950 and 7,000 more followed to help with peacekeeping after the armistice was signed on July 27, 1953. [Read More](#)

[National Defence looking for land in Ontario to house new Norad surveillance system](#)

CTV News

Canada's Department of National Defence is looking into buying large swaths of land in southern Ontario to house a new Norad surveillance system. "This new system will include Arctic and Polar Over the Horizon Radar to provide long-range, early warning radar and threat tracking for northern approaches," a National Defence spokesperson told CTVNews.ca. "Up to four areas will be required for the system's transmitters and receivers." [Read More](#)

[La tombe d'un soldat calgarien de la Première Guerre mondiale trouvée en France](#)

Radio-Canada

La tombe d'un soldat canadien de la Première Guerre mondiale a été retrouvée. Dans le cimetière britannique de Bois-Carré, à Thélus, en France, se trouve la tombe du sergent Arthur Melvin, ont annoncé le ministère de la Défense nationale et les Forces armées canadiennes. [Lire Plus](#)

Canada pledged to spend 2% of GDP on its military. Would that transform it? Is it affordable?

CBC News

For years, Canada and other NATO member countries have faced criticism for falling short of allocating two per cent of their GDP on military spending, a target set in 2014 by the military alliance. Canada was among the allies who signed on in 2014 to aspire toward that target but has consistently failed to reach it. [Read More](#)

Former Special Forces engineer says Russian minefields are unlike anything he has ever seen and battling these hidden death traps is 'exhausting'

Business Insider

A decorated former U.S. Army Special Forces engineer who cleared out improvised explosives in Afghanistan and has since been tackling threats in Ukraine says the monstrous minefields Russia is laying down are unlike anything he has ever seen. [Read More](#)

Un combattant québécois sur la ligne de front en Ukraine

Radio-Canada

Il a fait 12 ans dans les Forces armées canadiennes et il est allé en Ukraine dès le début de la guerre parce qu'il y redoutait un génocide de la part des Russes. Francis Dion, originaire de Sherbrooke, a participé aux batailles de Kiev, d'Izioum et, récemment, de Bakhmout. Avant de repartir au front pour la contre-offensive ukrainienne comme membre de la légion internationale, il nous raconte sa guerre. [Lire Plus](#)

Air forces are ditching runways to prepare their jets to keep operating when enemies aim for their bases

Yahoo!

The war in Ukraine has reinforced many things that militaries knew about major conflicts. One of the most important is that air power is vital to ensuring ground forces survive and advance. But

sustaining power in the air requires having places where jets and helicopters can land, refuel, and rearm. [Read More](#)

[The incredible engineering of the Black Hornet Nano Drone](#)

Engineering.com

The Black Hornet Drone is a miniaturized unmanned aerial vehicle (UAV) designed for reconnaissance and surveillance. It has an exceptionally small, lightweight frame and incorporates advanced aerodynamics and propulsion systems for precise, agile flight performance. [Read More](#)

Base/Wing — Newspaper

14 Wing Greenwood — [The Aurora](#)

22 Wing North Bay — [The Shield](#)

4 Wing Cold Lake — [The Courier](#)

CFB Esquimalt — [The Lookout](#)

CFSU Ottawa — [The Guard](#)

CFB Shilo — [The Shilo Stag](#)

19 Wing Comox — [The Totem Times](#)

8 Wing Trenton — [The Contact](#)

CFB Petawawa — [The Petawawa](#)

[Post](#)

17 Wing Winnipeg — [The Voxair](#)

CFB Halifax — [The Trident](#)

CFB Edmonton — [The Western Sentinel](#)

CFB Valcartier — [The Adsum](#)

CFB Kingston — [Garrison News](#)

CFB St Jean — [The Servir](#)

3 Wing Bagotville — [The Vortex](#)

CFB Borden — [The Citizen](#)

Base Gagetown — [Gagetown Gazette](#)