

## Media Report 01 OCT 2021

This weeks media reports will cover and answer great questions veterans are still asking such as Frequently asked questions regarding COVID-19 in Ottawa. Due to ongoing and evolving COVID-19 pandemic callers may experience increased wait times when calling the Government of Canada Pension Center. Callers may also experience dropped calls, as all telecommunication networks across Canada are presently facing capacity challenges. and local Media Articles and An illness or injury can have an impact on your ability to adjust to life after service. We all need healthcare services. The Treatment benefits program provides coverage for a variety of benefits and services to help you get—and stay healthy. Have you made an application for disability benefits from Veterans Affairs Canada and received a decision? If you disagree with that decision, you have the right to review or appel

### Vaccine doses administered

55,695,864

Fully vaccinated

79.23%

Received at least one dose

86.14%

### Total confirmed cases

1,598,843

+4,643

Active cases

45,067

+93

Fatal cases

27,620

+39

Apply to Veteran and Family Well-Being Fund by October 1 / Présenter une demande au titre du Fonds pour le bien-être des vétérans et de leur famille avant le 1er octobre

Hello,

The deadline to apply to the Veteran and Family Well-Being Fund is this Friday, 1 October 2021.

The Veteran and Family Well-Being Fund provides grants and contributions to private, public or academic organizations to support research, initiatives and projects that enhance the well-being of Veterans and their families.

Organizations working to improve the well-being of Veterans and their families are encouraged to [apply](#).

Budget 2021 is providing an additional \$15 million over the next three years, starting this year, to support projects that address the needs of Veterans during the post-COVID-19 recovery. Projects should focus on the current concerns of Veterans, including addressing homelessness, unemployment, retraining and health challenges.

Additional consideration will be given to equity-seeking groups, including those that serve women and LGBTQ2+ Veterans.

Visit our [funding guidelines](#) for more information.

Sincerely,

Stakeholder Engagement and Outreach Team

Veterans Affairs Canada

[vac.engagement.acc@veterans.gc.ca](mailto:vac.engagement.acc@veterans.gc.ca)

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Bonjour,

La date limite pour présenter une demande au titre du Fonds pour le bien-être des vétérans et de leur famille est cevendredi 1eroctobre 2021.

Le Fonds fournit des subventions et des contributions à des organismes privés, publics ou universitaires pour appuyer la recherche, les initiatives et les projets qui améliorent le bien-être des vétérans et de leur famille.

Les organismes qui s'efforcent d'améliorer le bien-être des vétérans et de leur famille sont encouragés à présenter une [demande](#).

Le budget de 2021 prévoit le versement de 15 millions de dollars supplémentaires sur les trois prochaines années, à compter de cette année, pour soutenir des projets qui répondent aux besoins des vétérans au cours de la relance après la COVID-19. Les projets devraient être axés sur les préoccupations actuelles des vétérans, y compris la lutte contre l'itinérance et le chômage, le recyclage professionnel et les problèmes de santé.

Une plus grande attention sera accordée aux groupes en quête d'équité, notamment ceux qui servent les femmes vétérans et les vétérans LGBTQ2+.

Consultez nos [lignes directrices du Fonds](#) pour obtenir de plus amples renseignements.

Cordialement,

L'équipe de Mobilisation et sensibilisation des intervenants

Anciens Combattants Canada

[vac.engagement.acc@veterans.gc.ca](mailto:vac.engagement.acc@veterans.gc.ca)

[Talk to a professional now](#)

## About this program

### Support for your mental health

The VAC Assistance Service is available 24 hours a day, 365 days a year.

Call toll-free: 1-800-268-7708

TDD/TTY: 1-800-567-5803

When you call, you are speaking to a mental health professional. They will ask you questions to identify your needs.

You can receive between 1 and up to 20 hours of confidential support through this service.

At your request they can also connect you with a local mental health professional for direct support.

### Many kinds of help

The VAC Assistance Service provides support for difficulties that affect your well-being. These could include:

- Work-related issues
- Health concerns
- Family and marital problems
- Psychological difficulties
- Bereavement
- Other problems that affect your well-being

### Do you qualify?

The service is for:

- Canadian Armed Forces Veterans
- Former members of the RCMP
- their families, or
- their caregivers

You do not need to be receiving other services from Veterans Affairs Canada to receive this service.

### Limitations

This service is available to children up to 21 years old (or up to age 25, if they are full-time students).

## How to apply

There is no application form to request the VAC Assistance Service.

Call 1-800-268-7708 whenever you need the support of a mental health professional.

## Additional information

### Bereavement

The service can also assist family members who need support following the death of a Veteran or member of the CAF or RCMP.

### Related programs

[Talk to someone who can relate](#)- a peer support network for CAF members, Veterans and their families experiencing an operational stress injury (OSI).

[LifeSpeak for Veterans, former RCMP and their families](#)- a self-help website with videos and information about mental health, nutrition and other issues that matter to you.

[Pastoral outreach](#)- You and your immediate family can get spiritual support when the need arises through VAC's pastoral outreach service.

## Frequently asked questions

### Who answers your call?

A Canadian mental health professional is always ready to respond to a call. They are bilingual with at least a master's degree in a psychosocial field and they are trained in crisis and suicide intervention. If they determine that it is an urgent situation, they will provide you immediate support over the phone. They will make recommendations for further support and refer you to a mental health professional in your region for face-to-face psychological support. If you live in a remote area where access to in-person services is limited, psychological support can be provided by telephone.

### How many sessions are provided?

You can receive between 1 and up to 20 hours of psychological support per issue. The actual number of hours will vary depending on the nature, severity, and urgency of the problem. If the issue requires longer term support than the program can offer, you will be referred to external resources and supported until those specialized services are available.

### Are there services for Veterans in isolated areas or outside of Canada?

If you are living in a remote area or outside of Canada, you can call and receive psychological support with a mental health professional.

### What to do if I haven't received a call from a counsellor within 2 business days?

If you do not receive a call from a counsellor within 24 hours, please call 1-800-

268-7708. We will follow-up with your mental health professional and ensure all the contact information is correct.

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### **Base/Wing — Newspaper**

14 Wing Greenwood — <a href="#">The Aurora</a>	17 Wing Winnipeg — <a href="#">The Voxair</a>
22 Wing North Bay — <a href="#">The Shield</a>	CFB Halifax — <a href="#">The Trident</a>
4 Wing Cold Lake — <a href="#">The Courier</a>	CFB Edmonton — <a href="#">The Western Sentinel</a>
CFB Esquimalt — <a href="#">The Lookout</a>	CFB Valcartier — <a href="#">The Adsum</a>
CFSU Ottawa — <a href="#">The Guard</a>	CFB Kingston — <a href="#">Garrison News</a>
CFB Shilo — <a href="#">The Shilo Stag</a>	CFB St Jean — <a href="#">The Servir</a>
19 Wing Comox — <a href="#">The Totem Times</a>	3 Wing Bagotville — <a href="#">The Vortex</a>
8 Wing Trenton — <a href="#">The Contact</a>	CFB Borden — <a href="#">The Citizen</a>
CFB Petawawa — <a href="#">The Petawawa Post</a>	

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## IN THE NEWS

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[Rwandan peacekeeper with PTSD says horse therapy saved his life](#)

[La \(cyber\)armée canadienne a besoin de vous](#)

[Army bomb techs field test new aerial drone](#)

[A new port at Port Stanley](#)

[A DARPA competition to build underground robot teams to assist troops enters its final challenge this week](#)